

Tuesday 15<sup>th</sup> September 2020

Dear Parent/Carer,

### COVID 19 Update

Thank you for your support in recent days in ensuring that your child comes to with a good understanding of a new way of working and committed to keeping themselves and others safe. We are pleased to say that the return to school has been smooth and extremely positive.

We have received a number of questions about when a child should or should not attend school and so we have answered some frequently asked questions and included a flow chart below.

Best wishes,



Lindsay Skinner  
Headteacher

### What are the three coronavirus symptoms?

If a person has any one or more of the symptoms below, they should self-isolate:

- New persistent, dry cough
- Fever (above 37.5 degrees Celsius)
- Anosmia (loss or change in taste and/or smell)

### My child has coronavirus symptoms. What should I do?

Your child should self-isolate for 10 days and get a test. Everyone else in your household should self-isolate for 14 days. Do not send your child to school.

### Someone in our household has symptoms. What should I do?

The person with symptoms should self-isolate for 10 days and get a test. Everyone else in your household should self-isolate for 14 days. Do not send your child to school.



**My child has a sore throat. Can they attend school?**

Yes. They should attend school as long as they have no coronavirus symptoms.

**My child has a cold. Can they attend school?**

Yes. They should attend school as long as they have no coronavirus symptoms.

**Should my child have a test?**

If your child has any coronavirus symptoms, they need to get a test done as soon as possible. They need to get the test done in the first 5 days of having symptoms. If they are unable to be tested within the first 5 days of having symptoms, they must self-isolate for 10 days.

You can book a visit to a test site to have the test on the same day. You can order a home test kit if you cannot get to a test site.

**My child is waiting for a test. Can I send them to school?**

No. They should self-isolate for 10 days or until they have a negative test result.

**What if I cannot get a test?**

We know that there are some delays in testing. Please keep trying. On days 1 to 4 (after the symptoms started), your child can be tested at a site or at home, booking a test online or by phone. If you wish to order a home text kit, please order it before day 4 at 3pm. On day 5, your child will need to go to a test site as it is too late to take a home test. Your child must self-isolate if they cannot get a test because it's more than 5 days since your symptoms started.

**How long should my child and/or our household self-isolate?**

If you have symptoms or have tested positive for coronavirus, you'll usually need to self-isolate for at least 10 days or until you receive a negative test result.

You'll usually need to self-isolate for 14 days if:

- someone you live with has symptoms or tested positive;
- someone in your support bubble has symptoms or tested positive; and/or
- you've been told to self-isolate by NHS Test and Trace.

Read more about [how long to self-isolate](#).

## COVID SYMPTOMS AT HOME FLOW CHART

