St James Newsletter - July 2022

Sports Day 2022





1 - The teachers got involved in tug of war, but were thoroughly beaten by the students

Sports Day 2022 had the lot! Records broken, sun out (luckily bearable), team events, space hoppers galore, tug of war and ice creams! All of these helping to keep the athletes motivated and the atmosphere high throughout the day!

The PE dept. would like to thank all of the staff who helped with the running of the day, from supporting students in the stands, running the team events or Benchball event or helping out on the track with different jobs and duties.

It was fantastic to see athletes trying their best to score valuable points for their tutor and house. Their hard work paid off and many records were broken. We had **five** new records set this year, and some of these had stood for over a decade!

The team events this year were; egg and spoon race, sack race, skipping race and space hopper. This, along with the tug of war competition, went down brilliantly, with all students working well together. To help with keeping out of the sun, this year we introduced a tutor Benchball competition in the sports hall. This was a great success with some very competitive students (and tutors!).

New Records set:

Year 7 Boys High Jump – Oliver Zielinski 1m36

Year 8 Girls Long Jump – Emily Hyland 4m08

Year 9 Girls 800m - Esther McRae 2min53s

Year 9 Girls 8Long Jump – Juliet Parke 4m40

Year 10 Boys 100m - Jaycob Hay-Laing 10.91s

Year 10 Boys 200m — Jaycob Hay-Laing 22.76s

Final results showed **Artemis** crowned as House Sports Day Champions with 2490 points!

Final standings were:

1st - Artemis: 2490

2nd - Athena: 2430

3rd - Atlas: 2359

4th - Apollo: 2295

It truly was a pleasure to watch high level competition along with great sportsmanship from all.

I will finish with a quote from Phil Jackson, "The strength of the team is each individual member. The strength of each member is the team!"

Mr Gibbs, Head of PE



2 - New long jump records were set at this year's sports day

Sports Tie Recipients



At St James we present students with a Black Tie if they have represented their school or club at County level or above.

In recent years we have awarded ties to students who have represented Devon and beyond in a number of different sports including: Football, Netball, Cross Country, Athletics, Show Jumping, Martial Arts, Swimming and more!

The students who received Sports Ties this year are:

Year 7

Emily Pearcey County Martial Arts

Elesha Rousis County Hockey

Marco Batty County Badminton

Year 8

Jessica Younger Regional Equestrian

Year 9

Josh Murphy County Golf

Dennis Singh County Martial Arts

Brechan Wilson National Martial Arts

Tavy Wilson National Martial Arts

Derin Canbulat County Volleyball

Caden Whiting National Taekwondo

Ruby Densham County Rugby

Amy Laskey County Rugby

Benas Okunevicius County Skiing

Year 10

Jaycob Hay-Laing County Rugby and Athletics

Erin Vosper County Football

Belle Vosper County Football

Corey Lewis County Football

Congratulations to all.

St James Album

In the last edition of our newsletter, we told you all about the exciting music that our students have been producing in their electronic music enrichment with Mr Webster and DJ Olly on Wednesday evenings. Now you can listen for yourselves - we hope you enjoy!! Mr Webster says "My favourites in order are below but they're all great!"

MC Quark – Shape Waves (Malila-Zuri Darden-Croft – y9)

IDK (Alfie Summerell-Youde – y7)

Playful (Leo Liu – y9)

3LZ Trappin' (Elliot Gray – y7)

MG – Careless (Max Davey–y9)

Soundcloud Link

Equestrian Success



Throughout the year, Year 8 student Jessica and her horse Cleopatra have been competing in competitions at County level and above, and they have been running away with it (pun intended)! In her most recent competition Jessica finished 10th out of 300 competitors in total, also coming in as 1st younger rider, with only nine adults beating her. Well done Jess!

Inter Schools Athletics



On Wednesday last week 60 St James students, taken from across Years 7 to 10, took part in the annual interschools athletics competition at the Exeter Arena. All those students who were selected were a credit to the school, they gave their events 100% effort and acted very maturely whilst supporting their peers from the stands. We came away with some fantastic results with all teams placing within the top 3 of their division. The PE department would like to thank those who took part, especially for those students who stepped up and competed in an event they would not have been used to. A huge shout out and congratulations to Jacob Hay-Laing who competed in the boys 200m sprint and broke a meet record that had stood for 20 years, well done Jacob!

Final standings:

Year 7 Girls – 3rd place (Division 2)

Year 7 Boys – 1st place (Division 2 Champions)

Year 8 Girls – 1st place (Division 2 Champions)

Year 8 Boys – 3rd place (Division 1)

Year 9 Girls – 3rd place (Division 1)

Year 9 Boys - 3rd place (Division 1)

Year 10 Girls – 3rd place (Division 1)

Year 10 Boys – 1st place (Division 2 Champions)

A massive well done to all involved!

Summer Cycle Fun Fest



Active Devon, in partnership with 'Live and Move', are running FREE Summer Fun Cycle Fest during the summer holidays. It is a great day out for the whole family to discover more about Cycling. At each event there are Bike maintenance sessions, circus skills, arts and crafts, park play sessions plus more!

There are five events in total:

- Exeter Arena: 28th July, 10:30am 1pm
- Cowick Barton Playing Fields: 4th August, 1pm 3:30pm
- Wonford Playing Fields: 9th August, 10:30am 1pm
- Hamlin Lane Playing Fields: 12th August, 10:30am 1pm
- Exwick Flowerpot Playing Fields: 17th August, 1pm 3:30pm

Well done Erin and Belle



Erin and Belle Vosper continue to excel in their football games. Their team recently took part in a national tournament. Unfortunately they lost in the quarter finals to the current holders (and eventual winners) on penalties, but it was a great achievement to get so far in a national tournament, and something the whole team should be proud of. Well done!

Exe Valley Challenge



14 students from Year 7 took part in the Exe Valley Challenge on Sunday and did really well. All three teams finished and Team 2 won best overall boys team and then best team overall out of 56 teams. They had to navigate and walk a 10 mile course along the canal and Team 2 scored 100% on their timing (i.e. arriving at the checkpoint at exactly the right moment) and 99.8% on their questions. A fantastic achievement!

The teams were as follows:

- Team 1 Miles Peters, Tom Corbridge, Casper Stannard, Alex Penn, Makwan Hassaniyan.
- Team 2 Oliver Gillick, Malik-Ama Darden-Croft, Elias Gomez-Cabo, Wilf Cook
- Team 3 Lalita White, Alfie Johnston, Tilly Mann, Jess Woodcock, Keira King

Thanks to Nat and Lils for taking them out on the training day.

Inspirational Girls Cricketers





3 - Our awesome trip to Somerset County Ground

What a year for Girls' Cricket at St James! We have been so impressed with the time and effort that the following students have put into improving not only their ability to play, but to be leader in cricket as well this year.

Well done to the following...

ELLIE C AMELIE M MANJI I ISSY B ISABELLA B NOELIA E LUCY W SOPHIE K CAMILLE B CHARLIE B ZOE M JULIET P AMELIE O LAUREN L LUCY H CAROLINA G KATE C DAISY A RACHEL M SUMMER G LILY P SHREYA N ESTHER M

And here is a list of some of our achievements...

Girls Under 13 Girls U15

Indoor - District Finals 1st Place Indoor - District Finals 1st Place

Indoor - County Finals 4th Place Indoor - County Finals 5th Place

Outdoor – District Finals 2nd place Outdoor – District Finals 5th place

Outdoor - County Finals 5th place

Table cricket

County Finals – 4th place

Leadership day

We now have 23 girls who are qualified to lead, assist and umpire in cricket tournaments and events across Devon as a result of St James hosting a training event last month.

England Match

We had a really exciting opportunity and took 40 cricketers to Somerset County Ground to watch the England Women play South Africa. This was the first time that the large majority of our players had been to a professional club or watch an international game.

Are you an aspiring player, umpire or coach? If you are in the current year 7-10, or in next year's Year 7 (or just want to see why the players are so good), please look out for the announcement in the first week of September about when the clubs will be running next year. Please come along and have some fun!

Have a great summer and make sure you have a go at cricket on the beach, in the garden, at a club or watch it on the TV!

Summer Showcase



On 13th July over 50 students participated in the first Performing Arts showcase in two years. There were acts from Years 7 to 10, which showcased our students' talents in singing, dancing and acting. We had a full audience despite the high temperatures and everyone loved seeing students on stage again. We look forward to seeing more from the amazing emerging talent of St James students.

Free Activities in the Local Area



Visitexeter.com has a list of 15 fun and free things for the whole family to enjoy in the local area this summer. Take a look on the link below. Miss Hambly will be heading straight to the Donkey Sanctuary!

<u>Free summer activities</u>

School Games Summer Challenge



Keep moving this summer by taking part in the School Games Active Summer Challenge. There will be a new activity to take part in each week. Follow the link below to find out more.

School Games Link