

LUNCH MENU *Week One*

MAIN MEAL
£2.30

MAIN MEAL
AND DESSERT
£2.58

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main ONE	Margherita Pizza with Wedges and Salad	Roast Turkey with Roast Potatoes and Vegetables	Sweet and Sour Pork with Vegetables and Rice	Chicken Rogan Josh with Turmeric Rice and Indian Salad	Fish and Chips, Salmon Fingers or Sausage with Chips and Beans or Peas
Main TWO	Spinach and Potato Frittata with Wedges and Salad	Leek and Potato Bake, with Potatoes and Vegetables	Hoisin Vegetable with Noodles and Green Beans	Roasted Cauliflower Tikka with Turmeric Rice and Indian Salad	Vegetable Sausage Roll with Chips and Beans or Peas
Jacket POTATO	Cheese or Beans	Cheese or Beans	Cheese or Beans	Cheese or Beans	Cheese or Beans
Pasta FROM £1.90	Tomato Sauce	Cheese Sauce	Pork and Beef Bolognese	Creamy Chicken	Tomato and Basil Sauce
HOT Handhelds FROM £1.20	Southern Fried Chicken, Lettuce and Mayonnaise Baguette	Roast Turkey and Gravy Baguette	BBQ Chicken and Cheese Panini	Ramen Noodle Pot	Chips, Chips and Curry Sauce, Chips and Cheese, Chips and Beans